**Do you agree that technology has made us lazier?**

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Practically every aspect of our lives revolves around technology and its advancements. Even the slightest of changes have big effects on our lives. It has eased so many activities and cut short so many processes in our lives because of which our way of living has changed drastically. Some may say see it as a blessing but is it really? Overs the years and even now technology is making us lazy. Be it in the shape and form of microwaves or online delivery systems, technology has made us slothful.

The invention of microwaves had a great impact on our lives as now a day’s food has become easier to prepare. Now we longer have to stand in kitchen all day to prepare a meal. With the convenience of microwave, our lives have become a lot easier. Many people have been exposed to this easier and less stressful way of preparing food which has led us to become lazier and work-shy.

Similarly, there are online delivery systems which allows us to get food and other items delivered at our door step at the touch of a button. Due to this solution people no longer go outside to the store to get products, they just open the application and order the items they need. Due to such comfort and lack of physical activity, we have become lazier. Therefore, we prefer not to go outside to get the required items.

Moreover, as cars are becoming more and more accessible people tend to use them even to travel very short distances. We prefer a car even if we have to go to the next block. Furthermore, for calculations we used to use our thinking skills to get answers but ever since computers and calculators came, even for a very simple problem we will take out our calculators. We, humans, love the easier way thus we make use of the technology that is provided to us. However, depending on it too much have made us lazier and inert.

Technology is indeed making us lazier and indolent as we depend on it more and more every day. Now we have to decide for ourselves, are all these conveniences really worth it? By making technology the center of their lives people shall suffer from laziness, bad health and low quality thinking.